

Money Worries

With these difficult times, we find ourselves in, if you do need find that you require extra support we have put together a list of helpful websites and phone numbers for you.



NHS www.nhs.uk details on mental health and wellbeing among other things.



Citizen Advice – www.citizenadvice.org.uk



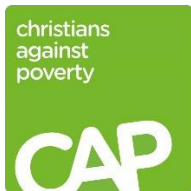
Government Website – www.gov.uk details of applying for benefits, debt management, apply 'free school meals' among other useful information.



the Money Advice Service Money Advice Service – www.moneyadviceservice.org.uk/en 0800 138 7777
Mon – Friday 8-6pm.



National Debt Line – www.nationaldebtline.org 0808 808 4000 Mon – Fri 9am-8pm Sat 9.30 – 1pm.



Christians against poverty – www.capuk.org 0800 328 0006 for debt help and life skills information.

Bereavement and Young People



Hope Again – www.hopeagain.org.uk 0808 808 1677 email

helpline@cruse.org.uk



Giving hope to grieving children

Winstons Wish www.winstonswish.org Email: bereavementuk.org

Local Foodbanks



Ashford Food Bank – www.familyfoodbank.org.uk Unit 14, Foster Road, Ashford, TN24 0FE 01233 500477.



Ashford Vineyard – info@ashfordvineyard.org 01233 331919. Warehouse and storehouse open Mon- Fri 9am – 12.30pm.



Kent together – www.kent.gov.uk/social-care-and-health/health/coronavirus/kent-together



Fareshare fighting hunger and tackling food waste. www.foodshare.org.uk
0207 064 8911