



Friday 4th September 2026

Dear Parents and Carers,

Allergy and Anaphylaxis Safety at Kingsnorth

As part of our ongoing commitment to keeping children safe, we are updating families about our approach to allergy and anaphylaxis safety at Kingsnorth.

New statutory guidance for schools, often referred to as Benedict's Law, has strengthened expectations around allergy awareness, prevention and emergency response. The changes follow campaigning by the family of Benedict Blythe, who sadly died following an anaphylactic reaction at school.

Allergy safety is important for all schools, not only for children who already have a diagnosed allergy. Around 25% of first-time anaphylactic reactions are reported to happen in school, meaning that occasionally a child may experience a serious allergic reaction before an allergy has previously been identified.

At Kingsnorth, we have therefore reviewed our allergy and anaphylaxis procedures. Staff have received updated training in recognising allergic reactions and responding to anaphylaxis, including the use of adrenaline auto-injectors (AAIs), and we have clear arrangements in place for children with known allergies.

In the event that a child shows signs of suspected anaphylaxis, staff will act promptly in accordance with their training and our school procedures. Adrenaline is the recommended first-line treatment for anaphylaxis and, where appropriate, an AAI will be administered without unnecessary delay while an ambulance is called.

This approach is designed to ensure that children receive appropriate emergency treatment as quickly as possible. Staff are trained to recognise the signs of anaphylaxis and to follow the correct emergency procedure.

For children with a known allergy, it is particularly important that we have up-to-date information, medication and medical advice. If your child has an allergy, or has recently received a new diagnosis that we are not yet aware of, please come to the school office to complete an Allergy Health and Care Plan so that we can ensure the appropriate arrangements are in place.

Our updated Allergy and Anaphylaxis Policy is available on our website under Key Information, Safeguarding and Behaviour, and we would encourage parents and carers to familiarise themselves with it.



Kingsnorth Church of England Primary School

Church Hill, Kingsnorth, Ashford, Kent TN23 3EF

T 01233 622673 E office@kingsnorth.kent.sch.uk W www.kingsnorth.kent.sch.uk

Headteacher: Mr Iain Witts

If you have any questions specifically about allergy management in relation to Caterlink, our school lunch provider, please contact them directly at info@caterlinkltd.co.uk. They will be able to advise on their allergen procedures, menus and arrangements for children with specific dietary needs.

Thank you for your continued support in helping us maintain a safe and inclusive environment for all our children.

Yours sincerely,

S. Gillmore

Stacey Gillmore
Deputy Headteacher