Child Health Clinic Drop Ins

Ray Allen: Monday 17th, 9.30am - 11.30am

Little Explorers: Tuesday 18th, 10.00am - 12.00pm The Willow Centre: Thursday 20th, 1.30pm - 3.30pm

Waterside Children's Centre: Friday 21st, 1.00pm - 2.30pm

Please arrive at least 15 minutes before the end of the session to see a Health Visitor

Baby Hub Drop In

The Willow Centre: Wednesday 19th, 1.30pm - 3.30pm

Breastfeeding Drop In

Ray Allen: Monday 17th, 9.30am - 11.30am

The Willow Centre: Wednesday 19th, 1.30pm - 3.30pm Little Explorers: Tuesday 18th, 11.00am - 1.00pm

Ashford Children's Centre's Telephone Numbers

Bluebells Children's Centre: 03000 418300 Little Explorers Children's: 03000 418400 Ray Allen Children's Centre: 03000 418500 Sure Steps Children's Centre: 03000 418600 Waterside Children's Centre: 03000 418700 Willow Children's Centre: 03000 418800

Ashford Children's Centres Half - Term Planner February 2020



Fun and Local Donations welcome



| Date & Time | Activity | Location | Details of Activity |
|---|--|--|--|
| Monday 17th February 1.30pm - 3.00pm | Young Parents Group Drop In | The Willow Children's Centre | Are you aged 13 –22 years old? Are you or your partner expecting a baby or do you already have a child? Our Young Parents Group offers emotional support, practical parenting advice and an opportunity to meet parents of a similar age. Come along and share ideas within the group. |
| Tuesday 18th February | Messy play | The Willow Children's Centre | Come along with your Under 2's and let them get messy and explore different textures in a safe and friendly environment to help their development. |
| 10.30am -11.30am Age group – Under 2's | | | *Please bring spare clothes.* To register your interest please call 03000 418800. |
| Wednesday 19th February | Rhyme time | Sure Steps Children's Centre | Join in our Rhyme Time session, including singing and craft activities! |
| Age group – 3 and under. | | | To register your interest please call: 03000 418600. |
| Wednesday 19th February 9.30am - 11.00am | Active Families session | Waterside Children's Centre | Parents with children of all ages welcome. Activities for the whole family, including a fitness session from Nicola Murphy, Football Skills from Bromley Green Football Club and 'Minute Challenge Games' with Uprising Youth. |
| Age group: 0—18 Families with children under 18 | | | Fun, play-based ideas and activities to help you burn off that half term energy! |
| Wednesday 19th February 12.45pm - 2.45pm | Rocket Making *Bookable* | Ray Allen Children's Centre | Enjoy a fabulous time together with your child, making pop bottle rockets. If you have a large plain plastic pop bottle please bring this along with you to the session.—some will be available at the |
| Age group 3 – 11 years. | | | session. To book your place please call: 03000 418500. |
| Wednesday 19th February 1.30pm - 2.30pm | Junk Modelling | Rolvenden Preschool Village Hall, Mavtham Road. | Do you live in or near Rolvenden? Come and join us for junk modelling, papercraft, painting and crafty fun! |
| Age group: 0—8 | | Rolvenden TN17 4ND | All children MUST be accompanied by an adult. |
| Friday 21st February 10.00am -11.30am | Junk Modelling | Bluebells Children's Centre | Come along for some fun with junk modelling, papercraft and painting. All children MUST be accompanied by an adult. |
| Age group 0—8 | | | |