

## **SSOL Project**

## Resilience



## Discovering ways to build resilience in families

**Course Details: Free Session** 

Date: Saturday 8<sup>th</sup> February 2020

Time: 9:30am to 1:30pm

**Venue: Ashford Gateway Plus,** 

**Church Road, Ashford TN23 1AS** 

Room 2

The aim of the SSOL project is for everyone to have a positive shared learning experience with no strings attached!

For more information and to book a place

please contact IASK:

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