



The Family Food Bank

CHRISTMAS APPEAL 2024

SPARKLE & SHINE

Christmas can be an expensive time for everybody but for those already on a tight budget, the added expenses of increased winter fuel bills, and the pressure to buy Christmas presents, can plunge many people into crisis, leading them to make difficult choices.

How you can help...

From the **4th November until 16th December 2024** we are asking you to **'SPARKLE & SHINE'**

to sing out loud and donate to our Christmas appeal!

The food listed is very important to us, as these products are key to making our food boxes.

If you are planning to donate advent calendars please can these be delivered by the 22nd November so we can give these out for the 1st December.

Once you have finished collecting, all the key information to make your donation can be found on our website: www.familyfoodbank.org/christmas-2024

To find out your nearest distribution centre, you can also get in touch by calling [01233 500477](tel:01233500477) or emailing familyfoodbank@children-families.org.
To find out more please follow us on [Facebook!](#)

This year please take the decision to donate and together we can make this Christmas a time to remember for all the right reasons!

Donate with
JustGiving

The Family Food Bank is part of Children & Families Charity Group.

Donate with
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Registered Charity No: 1115459

Please click on the Logos



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Please Like & Follow Us On Facebook—Search 'Family Food Bank'





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The Collection List

4 x TINS OF MEAT (CURRY, CHILLI, MEATBALLS)	4 x TINS OF VEG (POTATOES, PEAS, CARROTS)	2 x LUCKY DIPS (BISCUITS, XMAS CHOCOLATE, MINCE PIES, XMAS PUDDINGS, HYGIENE PRODUCTS)
1 x RICE (500g)	1 x PASTA (500g)	1 x CEREALS (500g)
1 x TEA/COFFEE	2 x TINNED FISH	2 x TINS OF TOMATOES
4 x TINS OF SOUP	1x UHT MILK	1 x JAR OF COOKING SAUCE
4 x TINS OF BAKED BEANS/ SPAGHETTI	1 x PRESERVES (JAM, MARMITE)	4 x TINS OF DESSERTS (CUSTARD, FRUIT, RICE PUDDING)

PLEASE PLACE YOUR ITEMS IN A BAG / BOX AND DELIVER TO OUR WAREHOUSE OR VIA A DISTRIBUTION CENTRE PARTNER. MORE INFORMATION CAN BE FOUND BY VISITING:

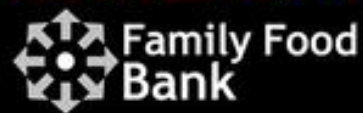
www.familyfoodbank.org/christmas-2024

If you don't have time to collect food, have you thought about giving?

A donation of £20.00 would enable us to help feed a family this Christmas!

Please use the Just Giving Link or visit our website to find out more:

www.familyfoodbank.org/christmas-2024



Please click the image to be more like Mr. Poppy, and get in the festive spirit.

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