



Friday 3rd May 2024

Dear Parents/Carers

I am writing to inform you about the upcoming Relationships, Sex and Health Education (RSHE) that will be taught in PSHE over the next terms. Many social media platforms now expose children to a wide range of conflicting and confusing information about relationships and sex. Therefore, our role as teachers, alongside parental advice, is vital to provide the age appropriate facts and guidance.

As part of the school's Personal, Social and Health Education and Science curriculum, your child will soon receive lessons on relationships, sexual health and puberty. The lessons are planned in a careful and structured way to ensure that the information is tailored to suit the age group and remain in line with our Christian Values and ethos. All teaching materials are appropriate to the physical age as well as emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner. *Please note, it is only Year 6 children that will learn about Sexual Intercourse.*

The purpose of RSHE is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect for ourselves and others. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner, to be aware of their own emotions and wellbeing, and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage. Throughout the RSHE curriculum, it states that schools should ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect. Schools must ensure that they comply with the relevant provisions of the Equality Act 2010 and The Equality Act 2010: advice for schools, under which sexual orientation and gender reassignment are amongst the protected characteristics. Again, great care is taken to ensure that this is age appropriate.

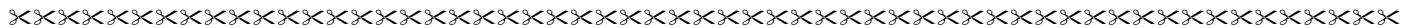
At Kingsnorth CEP, PSHE/RSE lessons are taught via a programme called 'Jigsaw'. I have attached their parent's information leaflet for you which gives a brief explanation of the content of the sessions. The children are aware of Jigsaw and have covered many aspects of PSHE using the techniques and resources as set out in this programme. All sessions are taught by the class teacher who can deliver the sessions as appropriate. ***Please note - Jigsaw states that it has provided 'a few lessons on human reproduction in Upper Key Stage 2 to ensure children know the accurate facts concerning this before going to secondary school, and to ensure children understand why the body changes in adolescence.'*** This is taught during PSHE lessons and is in line with the statutory Science, Relationships and Health curriculum. Please note Year 6 will also receive an additional session on FGM (female genital mutilation).

Government guidance states that parents may choose to remove their children from some or all of the Sex Education but **not** from the Relationships and Health Education. For more information please visit <https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

Should you wish to discuss removal, please contact Mrs Bone deputy@kingsnorth.kent.sch.uk

We will be holding a parent's information meeting in the old hall on **Tuesday 14th May 2024 9am**, for anyone who would like to know more about the RSHE that will be taught during Term 6 of 2024. If you would like to attend, please complete the slip below and return it to the office or email office@kingsnorth.kent.sch.uk asap. Please note, should you not be available, an encrypted PPT will be uploaded to the website. A password will be released on request via email.

Kindest regards, Mrs Abbie Amos – PSHE coordinator



RSHE Parent information evening – Kingsnorth CEP school – reply slip

I, _____, (name) will be attending the RSHE meeting on Tuesday 14th May 2024 at 9am*. My child(ren) is/are in _____(enter class). *delete as appropriate