



CRICKET COACHING FOR WOMEN AND GIRLS



**Easter holiday
sessions open to
women and girls
from all clubs and
schools**

AGES 7-12 4-5:15PM

Fielding and Fitness - 2nd April £12

Batting and Bowling - 9th April £12

Or £20 if both sessions booked
together

A chance to hone cricket skills
before the start of the season.

Sessions led by an experienced coach:

- **ECB Core Coach**
- **Girls' County Age Group Coach**
- **Qualified Youth Strength and Conditioning Coach**



AGES 13+ 5:30 - 7PM

Fielding and Fitness - 2nd April £15

Batting and Bowling - 9th April £15

Or £25 if both sessions booked
together

A chance to hone cricket
skills before the season
begins.



**For more information or to book a
place contact Head Coach Chris**



Three Hills Sports Park
Cheriton Road, Folkestone, CT19 5JU

Email- cgccbook@gmail.com

Mobile - 07359 343474



CG Cricket Coaching



[cg_cricket_coaching](https://www.instagram.com/cg_cricket_coaching)