

## Online Parent Workshops

Kent Emotional Wellbeing Teams Medway Emotional Support Teams

Aimed at parents of children in primary school

Introduction To
Understanding Autism

Tuesday 27th February 5.30-7.30pm

\*Workshop timings change from term to term

Do you have questions about Autism? Maybe your child has received a diagnosis. Would you like to come and meet with other parents and carers and learn about ways to support your child?

You are invited to a workshop about understanding symptoms of Autism. We also discuss helpful strategies that you can use at home to help support your child.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

Join the meeting now

Meeting ID: 358 930 150 15

Passcode: rtvxjk

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools.

We look forward to meeting you.





## Online Parent Workshops

Kent Emotional Wellbeing Teams Medway Emotional Support Teams

Aimed at parents of children in primary school

## Understanding Your Child's Behaviour

Monday 11th March 10.30-12.30pm

\*Workshop timings change from term to term

Are you currently experiencing difficulties with your child at home? Would you like to come and meet with other parents and carers and learn about ways to enjoy your time more with your child?

You are invited to a workshop about understanding and communicating with your child. It will help you consider factors which influence behaviour. We also discuss techniques that you can use at home for behaviours that you feel are difficult to manage.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

Click here to join the meeting

Meeting ID: 355 740 310 135

Passcode: cG2zbH

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools.

We look forward to meeting you.





## Online Parent Workshops

Kent Emotional Wellbeing Teams Medway Emotional Support Teams

Aimed at parents of children in primary school

Me and My Child:
Understanding Resilience

Monday 25th March 5.30-7.30pm

\*Workshop timings change from term to term

Would you like to come and meet with other parents and carers to reflect and generate ideas of how you can be a positive role model of resilience for your child?

You are invited to a workshop about understanding resilience and its importance in your child's development. It will help you to consider factors which can help to build your child's' resilience in the context of caring relationships.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

Click here to join the meeting

Meeting ID: 310 053 614 285

Passcode: kEobMM

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools.

We look forward to meeting you.

