



Kingsnorth Church of England Primary School

Church Hill, Kingsnorth, Ashford, Kent TN23 3EF

T 01233 622673 E office@kingsnorth.kent.sch.uk W www.kingsnorth.kent.sch.uk

Headteacher: Mr Iain Witts



NHS Foundation Trust

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Kent Emotional Wellbeing Team

Dear Parent/Carer

Introducing the Emotional Wellbeing Team at Kingsnorth Church of England Primary School.

Kingsnorth CEP School welcomes the Emotional Wellbeing Team (EWT) to your child's school. The Emotional Wellbeing Practitioners, who are part of the EWT, are hoping to get to know you and your child over the coming weeks and months, offering support when needed and finding out your ideas about how we can all work together to support the emotional wellbeing and mental health of children at Kingsnorth CEP School.

Please find enclosed a leaflet which tells you all about the Emotional Wellbeing Team. You can also find out more by watching this short animation:

<https://www.youtube.com/watch?v=duXLsp5wFRE>

How does my child access this support? How do I access this support?

Your child may be included in whole school initiatives, for example, assemblies and classroom-based activities that raise awareness about emotional wellbeing and mental health. In addition, children with a specific identified emotional wellbeing need (e.g., worry) may be invited to join a group or workshop, and you will be informed if your child is included. Groups and workshops for parents (e.g., 'Understanding your child's behaviour') will be advertised by school.

If you would like to discuss any of the above information, please contact the Senior Mental Health Lead.



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We hope that this information is helpful to you. We are very much looking forward to working together.

Yours sincerely

Carmen Scarfe
Amy Benton
Kent Emotional Wellbeing Team Lead

Miss Denise Moore

Assistant Headteacher
and SENCo