

Nourish

Mr Nourish's Birthday

Thursday 3rd October 2019

Hotdog ^{1,5,6}

Margherita Pizza ^{1,3,7,9}

Sweetcorn [‡]

Cucumber Sticks

Herby Diced Potatoes ^{1 ‡}

Birthday Cake ^{1,9}

Fruit Pots [‡]

Yoghurt ^{7 ♻}

Competition

**Design a
birthday card
for Mr Nourish**

**Hand in to the
catering team**

**Prizes to be
awarded on
his birthday**



Dishes marked with any of the following numbers contain the matching allergen: Allergen code: (1) Wheat Gluten (2) Crustaceans (3) Soybean (4) Mustard (5) Sesame (6) Sulphites/Sulphur Dioxide (7) Milk (8) Fish (9) Egg (10) Peanuts (11) Molluscs (12) Celeriac/Celery (13) Nuts (14) Lupins (15) Oat Gluten (16) Barley Gluten
Key: ‡ Seasonal, Local Fruit & Veg ♻ Organic Foods