## FREE ONLINE YOGA CLASS FOR YOUR PARENTS AND GUARDIANS



Wednesday 22<sup>nd</sup> November at 1pm

Please send the link below to your parents and guardians, this is a free course for them to enjoy, to book their place, they simply need to click on the link below and register.

https://www.kentadulteducation.co.uk/courses/yoga-to-support-you-and-your-family-onl-138595-n-pf/