

## **South Kent Mind: FREE *Film Premiere***

We're hosting **free** screenings of the short film, 'Triggered' at our Folkestone centre on Tuesday, 12, July.

*Triggered* tells the story of a man on his journey to receiving mental health support from a local Mind charity. The film will be available across the country for local Mind charities to use as a resource. The cast includes Ricky Yates from Folkestone who will join the director for a Q&A session after the screening **at the Premiere.**

Tickets will be free of charge, adults only but **MUST** be pre-booked due to availability



### **Details:**

- **Date:** Tuesday, 12 July.
- **Screen times:** 4.30pm, 5pm, 5.30pm. (6pm if sufficient demand).
- **Film length:** 12 minutes.
- **Location:** South Kent Mind, Abercrombie's Café entrance, junction of Mill Bay and Dover Road, Folkestone CT20 1JS. (Across from the new F51 Skatepark)

To get your **FREE** tickets please [click here!](#) Or [visit the South Kent Mind site](#) to find out more

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**Wear blue to fight the blues!**



Join South Kent Mind for a sponsored walk in Hythe on **Sunday, 18 September. 2022** and **#WearItBlue** to raise essential funds for better mental health 💙

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