# **Ashford Youth Hub**

Day	Name of Group	Date	Time	Information
Monday	KIDZ Club Drop in Term Time	February: 21st, 28th March: 7th, 14th, 21st, 28th	3.45pm - 5.15pm	A drop-in group for children in years 1 -5. The group aims to promote self-esteem and well-being, giving young people a space to express them- selves, explore different interests and meet new friends. There will be a variety of crafts, cooking and much more to explore within the group. *Call the hub on 03000 417567 for information*
Tuesday	Parent Drop in Drop in Term Time	February: 22nd, March: 1st, 8th, 15th, 22nd, 29th	12.00pm - 1.30pm	Are you worried about your child? Do you know how to keep your child safe online? Does your child refuse to go to school? Are you struggling to cope? If you would like support or advice, come along to our weekly parent drop in sessions.
Wednesday	Young Parents group Drop in Term Time	February: 23rd March: 2nd, 9th, 16th, 23rd, 30th	1.00pm - 2.30pm	*Call the hub on 03000 417567 for information* Are you aged 13-22 years old? Are you or your partner expecting a baby or do you already have a child? Our young parents group offers emotional support, practical parenting advice and an opportunity to meet parents of a similar age. Come along and share ideas within the group. *Call the hub on 03000 417567 for information*

# **Stanhope Community**

		_		-
Day	Name of Group	Date	Time	Information
Monday	Playground Chatter End of Frittenden Close play park, Stanhope Drop in Term time	February: 21st, 28th March: 7th, 14th, 21st, 28th	11.30am - 12.30pm	Pop along to our weekly playground chatter group. We will provide an activity suitable for your under 5 and you'll be able to chat to us about your community, what services you would like to see in heart of Stanhope. We can offer advice and guidance to support you and your family.
				*Just come along and find us!*
Thursday	Storytime and Rhyme Stanhope Community Hub Booking Only *Limited spaces* Term Time	February: 24th March: 3rd, 10th, 17th, 24th, 31st	2.00pm - 2.45pm	Join us for rhymes, action songs, and interactive story book readings for babies and toddlers with their grown-ups. Singing and reading enables children to develop an understanding for the world, improve their speech and language and increase their imagination. Suitable for all ages. *To book your place please call 03000 418800*
Friday	Pre-school potters Stanhope Community Hub Booking Only *Limited spaces* Term Time	February: 25th March: 4th, 11th, 18th, 25th April: 1st	12.00pm - 2.00pm	A gardening club for children aged 2 years to pre-school. Sessions include painting ,gardening, playing and planting. Parents/carers must stay with their child. One of the Children centre team will be present to offer support and signposting. Contact Beverley on 07897473795 Beverleymongo@strengtheningminds.co.uk Working in partnership OMoatfoundation
Coming soon	Parent Drop in Drop in Term Time	Coming soon		Are you worried about your child? Do you know how to keep your child safe online? Does your child refuse to go to school? Are you struggling to cope? If you would like support or advice, come along to our weekly parent drop in sessions.
Coming soon	Food and finance course Booking Only *Limited spaces* Term Time	Coming soon		A cook and eat course, to support with quick, cheap and easy cookery ideas. We will also discuss how to create a budget and other useful information. This will be run in partnership with Ashford Children's Centres, MOAT Housing, The DWP, Strengthening Minds and other invited guests.

\*Keep an eye out for our events in all school holidays\*

## Ashford Children's Centres Bulletin February and March 2022



Like

us on Facebook at:



Bluebells Children's Centre School Road, Hothfield, Ashford. TN26 1HA 03000 418300





TN26 1HA 03000 418300 Little Explorers, Recreation Ground Road, Tenterden, Ashford

Ashford. TN30 6RA 03000 418400

The Willow Centre, Halstow Way, Off Brookfield Road, Ashford. TN23 4EY

03000 418800

#### Ashford Children's Centres and Ashford North Youth Centre



Sure Steps Belmont Road, Kennington, Ashford. TN24 9LS

03000 418600

Waterside, Turner Close, Willesborough, Ashford. TN24 0PQ

03000 418700

Ashford Youth Hub Mabledon Avenue Willesborough, Ashford. TN24 8BJ

#### 03000 417567



#### **Bluebells Children's Centre**

Day	Name of Group	Date	Time	Information
Monday	Stay & Play Booking Only *Limited Spaces*	February: 21st, 28th March: 7th, 14th, 21st, 28th	Two session times 9.30am - 10.30am	Enjoy the activities with your under 5. This group enables you and your child to socialise with others engage in experiences like active movement and singing time. These activities will support your child's development and encourage learning.
	Term Time		11.00am - 12.00pm	*To book your place please call 03000 418300*
Tuesday	Music & Movement Booking Only *Limited Spaces* Term Time	February: 22nd March: 1st, 8th, 15th, 22nd, 29th	10:00am – 11:00am	Music and movement improves all areas of your child's development. It helps their body and mind work together and enables children to learn new sounds and rhymes. Activities will support children in being ready for school and develop their skills further. Suitable for all ages <b>*To book your place please call 03000 418800</b> *
Friday	Baby Sensory Play Booking Only *Limited Spaces* Term Time	February: 25th March: 4th, 11th, 18th, 25th April: 1st	10.00am - 11.00am	A group for pre-walkers, supporting your baby to make independent choices and respond to new experiences. It provides messy play, sensory expe- riences and new textures to investigate. We will introduce different themes and ideas to support adult and child interaction. *To book your place please call 03000 418800*

# **The Willow Children's Centre**

Day	Name of Group	Date	Time	Information
Monday	Music and Movement Booking Only *Limited Spaces* Term Time	February: 21st, 28th March: 7th, 14th, 21st, 28th	Two session times 09:30am – 10:30am 11:00am – 12:00pm	Music and movement improves all areas of your child's development. It helps their body and mind work together and enables children to learn new sounds and rhymes. Activities will support children in being ready for school and develop their skills further. Suitable for all ages <b>*To book your place please call 03000 418800</b> *
	Family First Aid (babes in arms) <b>Booking Only</b>	February: 21st, 28th March: 7th	12.45pm - 2.45pm	This 3 week course is for parents and children to learn how to manage an incident in which people are ill or have been injured and take care of them until medical help is available *Please email <u>ashfordopenaccess@kent.gov.uk</u> or call 03000 418800 if you would like to attend*
Tuesday	Messy Play Booking Only *Limited Spaces* Term Time	February: 22nd, March: 1st, 8th, 15th, 22nd, 29th	10.00am - 11.00am	For children aged 1-5 years, provides an opportunity to make their first marks in messy materials . It enables children to practice fine motor skills, important for getting ready to write and encourages speech describing sensory textures and builds vocabulary. *To book your place please call 03000 418800*
Wednesday	Introducing Solids Booking Only	February: 16th March: 16th	10.45am - 11.30am	These sessions are aimed to support you in preparation for starting solids from around 6 months old. Run jointly with the Health Visiting and Children's centre teams. *Please email <u>ashfordopenaccess@kent.gov.uk</u> or call 03000 418800 if you would like to attend*
	Stay & Play Booking Only *Limited Spaces* Term Time	February: 23rd March: 2nd, 9th, 16th, 23rd, 30th	1.00pm - 2.30pm	Enjoy the activities with your under 5. This group enables you and your child to socialise with others, engage in experiences like active movement and singing time. These activities will support your child's development and encourage learning. <b>*To book your place please call 03000 418800</b> *
Thursday	Baby Sensory Play Booking Only *Limited Spaces* Term Time	February: 24th March: 3rd, 10th, 17th, 24th, 31st	1:00pm - 2.00pm	A group for pre-walkers, supporting your baby to make independent choices and respond to new experiences. It provides messy play, sensory expe- riences and new textures to investigate. We will introduce different themes and ideas to support adult and child interaction. *To book your place please call 03000 418800*

#### Virtual courses

Day	Name of Group	Date	Time	Information	
Monday	Managing Children's behaviour Booking Only 5 week course	February: 28th March: 7th, 14th, 21st, 28th	7.00pm - 9.00pm	Online course delivered via zoom. Delivered by our partner in Adult Education. An opportunity for you to reflect on you approach to parenting and how this affects the child. Explore how to set effective and appropriate boundaries. Sharing knowledge of how to use praise and Rewards as a way of managing behaviour and positive communication skills * Call 03000 418800 for more information*	

# **Little Explorers Children's Centre**

Day	Name of Group	Dates	Time	Information
Wednesday	Stay & Play Booking Only *Limited Spaces* Term Time	February: 23rd March: 2nd, 9th, 16th, 23rd, 30th	1.30pm - 2.30pm	Enjoy the activities with your under 5. This group enables you and your child to socialise with oth- ers, engage in experiences like active movement and singing time. These activities will support your child's development and encourage learning. <b>*To book your place please call 03000 418800</b> *
Thursday	Baby Sensory Play Booking Only *Limited Spaces* Term Time	February: 24th March: 3rd, 10th, 17th, 24th No group on 31st March	10.00am - 11.00am	A group for pre-walkers, supporting your baby to make independent choices and respond to new experiences. It provides messy play, sensory ex- periences and new textures to investigate. We will introduce different themes and ideas to support adult and child interaction. *To book your place please call 03000 418800*
	Baby Signing 6 months - 3 years <b>5 week course</b> <i>Referral Only</i>	February: 24th March: 3rd, 10th, 17th, 24th	1.30pm - 2.30pm	Baby signing encourages communication and language skills development in babies and toddlers. If used regularly it allows them to let others know what they want, make choices, share information, and understand more. *To book your place please call 03000 418800*

### **Sure Steps Children's Centre**

Day	Name of Group	Dates	Time	Information
Friday	Stay & Play Booking Only *Limited Spaces* Term Time	February: 25th March: 4th, 11th, 18th, 25th April: 1st	9.15am - 10.30am	Enjoy the activities with your under 5. This group enables you and your child to socialise with others, engage in experiences like active movement and singing time. These activities will support your child's development and encourage learning. *To book your place please call 03000 418300*
	Storytime and Rhyme Booking Only *Limited Spaces* Term Time	February: 25th March: 4th, 11th, 18th, 25th April: 1st	2.00pm - 2.45pm	Join us for rhymes, action songs, and interactive story book readings for babies and toddlers with their grown-ups. Singing and reading enables children to develop an understanding for the world, improve their speech and language and increase their imagination. Suitable for all ages. *To book your place please call 03000 418300*

#### Waterside Children's Centre

Day	Name of Group	Date	Time	Information
Tuesday	Baby Massage Booking Only *Limited Spaces* Term Time	February and March	10.00am - 11.00am	Bookable 3 week course suitable for babies from around 8 weeks until crawling. Learn different techniques to massage your baby to improve communication, help them calm and sleep better and aid digestion to help relieve colic and wind. *To book your place please call 03000 418800*
	Stay & Play Booking Only *Limited Spaces* Term Time	February: 22nd, March: 1st, 8th, 15th, 22nd, 29th	12.45pm - 2.00pm	Enjoy the activities with your under 5. This group enables you and your child to socialise with others, engage in experiences like active movement and singing time. These activities will support your child's development and encourage learning. *To book your place please call 03000 418800*
Thursday	Baby Sensory Play Booking Only *Limited Spaces* Term Time	February: 24th March: 3rd, 10th, 17th, 24th, 31st	10:00am – 11:00am	A group for pre-walkers, supporting your baby to make independent choices and respond to new experiences. It provides messy and sensory play and new textures to investigate. We will introduce different themes and ideas to support adult and child Interaction. *To book your place please call 03000 418800*