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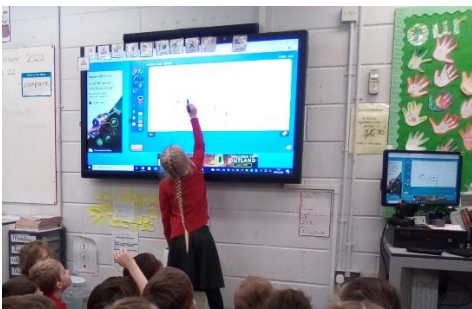
Dear Parents/Carers,

Thank you for supporting your children during Mental Health Week and Safer Internet Day this week. There has certainly been a 'buzz' around the school and the children have all been enthused and excited to be engaged with these important awareness days.

Here's a peep at what we have been up to...

### **Safer Internet Day 2022 – Tuesday 8<sup>th</sup> February - 'All fun and games? Exploring respect and relationships online'**

The children enjoyed many different activities including playing a 'Pictionary' type game, joining with another class virtually to play charades and completing other computer/safety based tasks.



### **Children's Mental Health Week 2022 - 'Growing together' 7 – 13<sup>th</sup> February 2022**

During the week the children have been using a 'Wellbeing' self-registration tool, talking about their feelings with others in the class and sharing their experiences. The awareness week ended with the children coming to school in clothes of their choice and having an afternoon of 'off curriculum' fun.



We hope that the children have been able to share their experiences, learning and activities with you at home and that they have come away from the week feeling safe, content and with the tools that they need to face the ever changing challenges of their lives.

For further information about the awareness days, relevant websites and more photos, please look at the School Council section of the Kingsnorth CEP website.

Mrs Abbie Amos