

Kidz Fit

For a healthy future



Tuesday & Thursday @ 4pm
Gym workout
Ages 7 - 11

Friday @ 4:30pm
Friday Fitness, Games & Dance
Ages 5 - 9

Only £3.50 per session

Book through the Slice of Life app, or call us on
01233 879389 or on www.slice-of-life.co.uk

Kingsnorth Recreation Centre,
Field View, Kingsnorth, TN23 3NZ

