Ashford Youth Hub

Day	Name of Group	Date	Time	Information
Monday	Junior Group Drop in Term Time	January: 10th, 17th, 24th, 31st February: 7th	3.30pm - 5.00pm	This group is for primary aged children, details to be confirmed. Please see Youth Hub information for further details.
Tuesday	Parent Drop in Drop in Term Time	January: 18th, 25th, February: 8th	12.00pm - 1.30pm	Are you worried about your child? Do you know how to keep your child safe online? Does your child refuse to go to school? Are you struggling to cope? If you would like support or advice, come along to our weekly parent drop in sessions.
Wednesday	Young Parents group Drop in Term Time	January: 5th, 12th, 19th, 26th February: 2nd, 9th	1.00pm - 2.30pm	Are you aged 13-22 years old? Are you or your partner expecting a baby or do you already have a child? Our young parents group offers emotional support, practical parenting advice and an opportunity to meet parents of a similar age. Come along and share ideas within the group.

What does COVID secure Mean?

We have risk assessed all sites to ensure we have put in place workplace adjustments to manage the risk and protect workers and others from Coronavirus.

All visitors will be asked to utilise hand sanitisers and wear face coverings (unless exempt).

Because of this we have a limited amount of people in the rooms being used and sessions are mostly bookable.

Surfaces and toys are cleaned before and after groups/courses.



Ashford Children's Centres Bulletin January and February 2022





us on Facebook at:

Ashford Children's Centres and **Ashford North Youth Centre**









Bluebells Children's Centre School Road, Hothfield, Ashford. **TN26 1HA** 03000 418300

Little Explorers, Recreation Ground Road, Tenterden, Ashford. TN30 6RA 03000 418400

The Willow Centre, Halstow Way, Off Brookfield Road, Ashford. **TN23 4EY**

03000 418800





03000 418700 Ashford Youth Hub

Sure Steps

Belmont Road,

Kennington,

Ashford.

TN24 9LS

03000 418600

Waterside,

Turner Close,

Willesborough,

Ashford.

TN24 0PQ

Mabledon Avenue Willesborough, Ashford. TN24 8BJ

03000 417567



Bluebells Children's Centre

Day	Name of Group	Date	Time	Information
Monday	Parent and Toddler 0-4 years Booking Only *Limited spaces* Term Time	January: 10th, 17th, 24th, 31st February: 7th	9.30am - 11.00am	Enjoy the activities with your under 5. This group enables you and your child to socialise with others, engage in experiences such as active movement and singing time. These will help your child's development in line with the Early Years Foundation Stage *To book your place please call 03000 418300*
	Craft Attack Creche provided Referral Only	January - February	12.30pm - 2.30pm	A series of 10 week courses for women who have developed low mood after childbirth up until their child is 2 years old. Limited creche space available. For more information or a referral, please contact Ashford Counselling Service; 01233 610083 info@ashfordcounselling.org.uk Messages will be responded to within a week Or please speak with your Health Visitor Dates to be confirmed on acceptance
Thursday	Chatter Matters Booking Only	February: 10th	12.45pm - 2.45pm	Understand the importance of talking to your baby, toddler or young child and learn about language development. Find out how you can help your child's speech by talking about everyday activities, playing games and having family fun together *Please email ashfordopenaccess@kent.gov.uk If you would like to attend*

Little Explorers Children's Centre

Day	Name of Group	Dates	Time	Information
Wednesday	Parent and Toddler Under 1's Booking Only *Limited spaces* Term Time	January: 12th, 19th, 26th February: 2nd, 9th	2.00pm - 3.00pm	This group enables your baby to support independent choices and respond to new experiences and provides a chance to get messy and explore new textures and investigate. We will introduce different themes and ideas to support adult and child interaction. *To book your place please call 03000 418300*
Thursday	Baby Massage Referral Only	January: 13th, 20th, 27th, February: 3rd, 10th	10.00am - 11.00am	Bookable 3 week course suitable for babies from around 8 weeks until crawling. Learn different techniques to massage your baby to improve communication, help them calm and sleep better and aid digestion to help relieve colic and wind.
	Baby Signing 6 months - 3 years Referral Only	January: 13th, 20th, 27th, 30th February: 3rd, 10th	1.30pm - 2.30pm	Baby signing encourages communication and language skills development in babies and toddlers. If used regularly it allows them to let others know what they want, make choices, share information, and understand more.

Sure Steps Children's Centre

Day	Name of Group	Dates	Time	Information
Friday	Parent & Toddler 0-4 years Booking Only *Limited spaces* Term Time	January: 14th, 21st, 28th, February: 4th, 11th	9.15am - 10.45am	Enjoy the activities with your under 5. This group enables you and your child to socialise with others, engage in experiences such as active movement and singing time. This will help your child's development in line with the Early Years Foundation Stage. *To book your place please call 03000 418300*
	NEW Fun With Books Booking Only *Limited spaces* Term Time	January: 14th, 21st, 28th, February: 4th, 11th	2.00pm - 2.45pm	A group for under 5's to encourage your child to have a love of books by reading stories, singing songs and using story sacks. *To book your place please call 03000 418300*

The Willow Children's Centre

Day	Name of Group	Date	Time	Information
Monday	Parent and Toddler Under 1's Booking Only *Limited spaces* Term Time	January: 10th, 17th, 24th, 31st February: 7th	10.30am - 11.30am	This group enables your baby to support independent choices and respond to new experiences and provides a chance to get messy and explore new textures and investigate. We will introduce different themes and ideas to support adult and child interaction. *To book your place please call 03000 418800*
	Family First Aid (babes in arms) Booking Only	February : 21st, 28th March: 7th	12.45pm - 2.45pm	This 3 week course is for parents and children to learn how to manage an incident in which people are ill or have been injured and take care of them until medical help is available *Please email ashfordopenaccess@kent.gov.uk if you would like to attend*
Tuesday	Messy Play Referral Only	January: 11th,18th, 25th, February: 1st, 8th	10.00am - 10.45am	For children aged 1-5 years, provides an opportunity to make their first marks in messy materials. It enables children to practice fine motor skills, which are important for getting ready to write and encourages speech describing sensory textures and builds vocabulary.
Wednesday	Introducing Solids Booking Only	January: 12th February : 16th March: 16th	10.45am - 11.30am	These sessions are aimed in preparation for starting solids from around 6 months old. *Please email ashfordopenaccess@kent.gov.uk if you would like to attend*
	Baby Massage Referral Only	January: 12th, 19th, 26th February: 2nd, 9th	10.00am -11.00am	Bookable 3 week course suitable for babies from around 8 weeks until crawling. Learn different techniques to massage your baby to improve communication, help them calm and sleep better and aid digestion to help relieve colic and wind.
	Parent and Toddler 0-4 years Booking Only *Limited spaces* Term Time	January: 12th, 19th, 26th February: 2nd, 9th	1.00pm - 2.30pm	Enjoy the activities with your under 5. This group enables you and your child to socialise with others, engage in experiences such as active movement and singing time. These will help your child's development in line with the Early Years Foundation Stage *To book your place please call 03000 418800*
Thursday	Parent & Toddler Under 1's Booking Only *Limited spaces* Term Time	January: 13th, 20th, 27th, February: 3rd, 10th	1.00pm - 2.00pm	This group enables your baby to support independent choices and respond to new experiences and provides a chance to get messy and explore new textures and investigate. We will introduce different themes and ideas to support adult and child interaction *To book your place please call 03000 418800*

Waterside Children's Centre

Day	Name of Group	Date	Time	Information
Tuesday	Parent and Toddler 0-4 years Booking Only *Limited spaces* Term Time	January: 11th,18th, 25th, February: 1st, 8th	12.45pm – 2.15pm	Enjoy the activities with your under 5. This group enables you and your child to socialise with others, engage in experiences such as active movement and singing time. These will help your child's development in line with the Early Years Foundation Stage *To book your place please call 03000 418800*
Thursday	Play Sessions Under 4's Referral Only	January: 20th, 27th, February: 3rd, 10th	10.00am - 11.00am	Play is an important part of your child's development and learning. These Play Sessions will provide you with fun, cheap ideas for activities that you can enjoy with your child. The four sessions will cover Messy and Sensory Play, Outdoor and Water Play, Music and Singing and Books and Stories.