

Tumbletime

These fun sessions include the bouncy castle, balls, hoops, bikes, trikes and climbing frames. The sessions are pay as you go (or free with a Junior Membership) and suitable for children who are crawling up to 5 years.

Parents are expected to supervise their children.

Sessions run during term time only.

When: Tuesday 10:00 - 12:00
Thursday 10:00 - 12:00

Price: FREE for members
£3.20 per session for non-members



Children's Activities Julie Rose Stadium

Little Buds Pre-School Athletics

This programme introduces children to the basic athletics skills consisting of running, jumping and throwing and will help build agility, balance and co-ordination, as well as supporting learning including literacy and numeracy.

Courses run during term time only.

Parents are encouraged to join in and support their children, although each session is supervised and led by a qualified athletics coach.

When: Monday 09:30 - 10:15
Friday 09:30 - 10:15

Age: 2 1/2- 4 years

Price: £4.10 per session



For more information please call the Julie Rose Stadium on 01233 613131



www.ashfordleisuretrust.co.uk



Julie Rose Minis

A fun programme of athletics coaching for children aged 4 and 5.



The session will provide coaching in the FUNdamentals of athletics including running, jumping and throwing alongside agility, balance and co-ordination.

When: Friday 15:45 - 16:30

Age: 4-5 years

Price: 5.00 per session

This programme runs term time only.

**Children's
Activities**
Julie Rose Stadium

Julie Rose Juniors

Ashford Leisure Trust offers young athletes a structured programme of coached activities at the Julie Rose Stadium leading to certified achievements under the UK Athletics Academy Award Scheme.

Courses run during school term times and must be booked in advance.

When: Monday: 17:00 - 18:15
Tuesday: 16:00 - 17:15
Wednesday: 17:00 - 18:15
Friday: 17:00 - 18:15

Age: 4-11 years

Price: £5.15 per session



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