## Dear Parents/carers,

Thank you for sending your child to school in PE uniform on the days that they have PE lessons or a club. This has proved to be a very effective system and helps to keep everyone safe.

As we approach the winter months with cooler temperatures we wanted to update our advice so that the children are kept safe and warm.

## Clothing – Indoor PE/Gymnastics & Dance:

- Black shorts only children may come to school in jogging bottoms if very cold
- PE shirt (colour dependant on child's school house),
- Black plimsolls, white/black/ socks children may wear school shoes or trainers to school on wet or cold days

## **Clothing - Outdoor PE:**

- Dark tracksuit or jogging bottoms child may come to school in these
- Plain Sweatshirt (no hoodies)
- School embroidered fleece or plain red fleece only (optional as lightweight coat/ outdoor PE)
- Black trainers without logos or school plimsolls. (no astro turf or multisurface studded trainers) Children may wear school shoes or trainers to school on wet or cold days
- School or prescription only sunglasses (at discretion of the teacher)

**Year 3 - 6 Football**: shin pads should be worn during lessons and MUST be worn during competitive football matches. Plastic studded football boots can only be worn on the field when muddy. No studded football boots should be worn on playground or MUGA.

**Year 3 - 6 Hockey**: shin pads and mouth guards **MUST** be worn at all times for hockey due to the wooden sticks being used. Mouth guards can be purchased from school using SCOPAY for £1. When shin pads and mouth guards are not worn, children can still participate in hockey but in a separate group using plastic sticks only.

We are very grateful to you for ensuring that your child has the correct PE uniform so that they can safely participate in all lessons. In the event that a child does not have the correct uniform, including footwear, we will contact you accordingly. It is also part of our health and safety procedures that all jewellery should be removed.





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Headteacher: Mr lain Witts

If a child is unable to remove their own earrings parents should do so before school on a PE day.

In the event that children cannot have their studs removed during the 6-week healing period or children come to school with earrings in, they will receive alternative PE education by the teacher. This includes activities such as - assessing, timing, scoring, refereeing, photographing, coaching etc. All religious clothing rules will be respected.

Details of your child's PE block and skills lesson will be published on the first newsletter of every term.

We hope that you find this a useful update and thank you for your support of the school.

Mrs Bone

**Deputy Headteacher** 

