



Sports Week 2019

Dear Parent/ Carer,

From **20th – 24th May 2019**, Kingsnorth will be hosting our very own Sports Week!

Throughout the week, children will be participating in a variety of fun and engaging sporting activities as well as there being a strong focus on the School Games values in the classroom. Not all lessons throughout the week will be physical. There will be opportunities to explore mindfulness, health, social and emotional wellbeing as well as the sciences behind sport.

We are fortunate to have some fun workshops for different Year groups throughout the week, as well as hosting our Reception, KS1 and KS2 Sports Day. Please see the timetable for other important events during Sports Week:

Monday 20th May	The Mason Mile All parents are invited to support the children to run a mile as quickly as they can. We will be meeting on the field at the following times: 1:30-1:45 Year 1 and 2 1:50-2:05 Year 3 and 4 2:10 - 2:25 Year 5 and 6 2:30-2:45 Reception running around with Year 6 buddies
Tuesday 21st May	KS1 Sports Day 9:00 - 11:30 KS2 Sports Day 1:15 – 3:00 There will be two running tracks this year. One for the classic heat races and the other track for beanbag, egg spoon and sack race fun! All parents are invited. Fencing Workshop in school hall for Year 1, 2, 3 and 4 children.
Wednesday 22nd May	Fit 4 Kids Health workshop – Year 2, 3 and 4 children will learn all about healthy eating through a variety of fun activities.
Thursday 23rd May	Team GB Athlete (Luke Lennon-Ford) will be visiting Kingsnorth for the morning. The sponsorship money that the children have been raising will go to supporting our Team GB athletes. Luke will be running a variety of activities for the children to complete.
Friday 24th May	Reserve Sports Day KS1 AM Reserve Sports Day KS2 PM

We look forward to seeing you all for The Mason Mile and our Sports Day events. Any questions, please don't hesitate to contact me.

Mr J Clark

(School PE / Sports Leader)

Mrs S Sullivan

(Deputy Head Teacher)