

HOCKEY

Y5

Demonstrate understanding of attacking principles in conditioned, small-sided games.

Demonstrate understanding of defensive principles in conditioned, small-sided games.

Demonstrate understanding of self and others performance v's objectives.

Demonstrate understanding of potential solutions to improve the performance of self and others.

Y3

Move with the ball on both the open stick and reverse stick side.

Accurately push pass the ball from a moving position.

Shoot at a reduced target for an increased chance of success.

Y6

Demonstrate selection & application of skills, tactics and compositional ideas during attack in a 4 v 4 Quicksticks game.

Demonstrate selection & application of skills, tactics and compositional ideas during defence in a 4 v 4 Quicksticks game.

Demonstrate ability to evaluate the performance of self and others.

Demonstrate ability to offer advice and feedback to improve the performance of self and others.

Successfully umpire and keep score in a 4 v 4 Quicksticks game.

Y4

Safely demonstrate the required skills to tackle an opponent on the open side.

Safely demonstrate the required skills to tackle an opponent on the reverse side.

Find creative solutions to beat a defender in a 1 v 1 situation.

Demonstrate the attacking principles to successfully execute a 2 v 1 situation.

