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Head of School Mrs S Sullivan

Tuesday 30<sup>th</sup> March 2021

Dear Parents/Carers

I hope that this letter finds you all safe and well. I am writing to inform you about the upcoming Relationships, Sex and Health Education (RSHE) that will be taught at Kingsnorth CEP.

Nowadays there is a vast amount of, sometimes confusing, information about relationships and sex on the internet, on TV, in magazines, etc. which young people may have access to, and this can sometimes make an already confusing time seem even more complicated! Therefore, as part of the school's Personal, Social and Health Education and Science curriculum, your child will soon receive lessons on relationships, sexual health and puberty. The lessons are planned in a careful and structured way to ensure that the information is tailored to suit the age group and remain in line with our Christian Values and ethos. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

The purpose of RSHE is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect for ourselves and others. It should develop understanding and attitudes, which will help pupils to form relationships in a responsible and healthy manner, to be aware of their own emotions and wellbeing, and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage. These sessions remain inclusive, sensitive and to support building self-efficiency.

At Kingsnorth CEP, PSHE/RSE lessons are taught via a programme called Jigsaw. I have attached their parent's information leaflet for you, which gives a brief explanation of the content of the sessions. The children are aware of Jigsaw and have covered many aspects of PSHE using the techniques and resources as set out in this programme. All sessions are taught by the class teacher who can deliver the sessions as appropriate. ***Please note - Jigsaw provided 'a few lessons on human reproduction in Key Stage 2 to ensure children know the accurate facts concerning this before going to secondary school, and to ensure children understand why the body changes in adolescence.'*** This is taught during PSHE at Kingsnorth and is in line with the statutory Science, Relationships and Health curriculum.

Government guidance states that parents may choose to remove their children from some or all of the Sex Education but not from the Relationships and Health Education. <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Should you wish to discuss removal please contact Mrs Sullivan [hos@kingsnorth.kent.sch.uk](mailto:hos@kingsnorth.kent.sch.uk)

I will be holding a parents information Microsoft Teams meeting on Tuesday 20<sup>th</sup> April 2021 at 4pm and again at 5pm, for anyone who would like to know more about the RSHE that will be taught during the Summer Term. If you would like to attend, please contact me at [aamos@kingsnorth.kent.sch.uk](mailto:aamos@kingsnorth.kent.sch.uk) or via Mrs McNeil and we will send you the relevant meeting codes.

If you have any further questions, please contact me or attend the Teams meeting on Tuesday 20<sup>th</sup> April.

Kindest regards

Mrs Abbie Amos – PSHE coordinator