

Tuesday 01 December 2020

## Advice for Parents – Covid-19

Dear Parents/Carers,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school community.

This has occurred in a Year 6 Bubble.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Arrangements for all other children in the school will **remain the same** and they are expected to attend school as normal.

### **General Information**

If you or your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared.

Anyone with symptoms will be eligible for testing and this can be arranged via <u>www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling **119**.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14 day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home to stay with friends or family for the duration of the home isolation period.

# Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- New continuous cough and/or
- High temperature and/or
- A loss of, or change in, normal sense of taste or smell (anosmia)

### For most people, coronavirus (COVID-19) will be a mild illness.

If you or your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <a href="http://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms">www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms</a> or by phoning **111**.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do

- Wash your hands with soap and water often do this for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards

### Further information

Further information is available at: <u>www.nhs.uk/conditions/coronavirus-covid-19/</u>

Please be reassured that the school has followed the Public Health England advice closely and will continue to do so for the whole school community.

If you have any concerns please do not hesitate to contact us. I ask that families avoid speculating on social media platforms and instead contact the school FLO to talk about any issues linked to this. I ask this out of respect for the staff team, who are pulling together at the moment in response to this news.

I pray this letter finds you all safe and well. Take Care and Stay Safe.

Yours sincerely,

Mr Iain Witts (Executive Headteacher)