



**Kingsnorth Church of England Primary School,**  
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Head of School: Mrs S Sullivan

Tuesday 14<sup>th</sup> September 2020

Dear parent/carers,

Steps 2 Summit has been a fantastic success since our launch and as a school, we have trekked over 2900 km collectively. The Chief Medical Officer recommends that all children complete at least 30 minutes of vigorous exercise within a school day and 60 minutes across the whole day. As a school, we are meeting these recommendations with the inclusion of PE, Steps 2 Summit, active lessons and active break times.

Firstly, it is important to note that the Steps 2 Summit website will only work on a laptop, desktop computer and iPad. This is due to the database being too large for phones to load the data quick enough.

If you have managed to successfully login, you'll find that you can add additional steps to your child's account. Please ensure that an adult and not the child completes this section. This is to ensure our trekking data is as accurate as possible across the school. As these accounts are monitored by myself, any substantial spikes in steps on a child's account will be lowered for fairness. Additionally, please ensure that any extra steps recorded are only for the journey to and from school. It's fantastic that children have been going above and beyond to add more steps to their accounts, but please record in a separate journal or diary as opposed to Steps 2 Summit please.

Lastly, you can access additional physical activity lessons from the Steps 2 Summit website in an event of a local lockdown.

Thank you for all your support and encouragement for keeping our children physically active.

Mr J Clark  
(PE & Sports Leader)